

TERMLY MONITORING AND EVALUATION SCHEDULE

The purpose of termly monitoring reports is to:

- Demonstrate how the club is meeting the aims and outcomes contained within the agreement and the statutory requirements;
- Gather service user feedback.
- Demonstrate that your services are listening and responding to service user feedback (children and where appropriate parents / carers).

The termly monitoring reports shall include:

Club/project name:	Bridgnorth Juniors youth club
Term:	Autumn
Date:	18th December 2023

What we have done to increase/ improve physical health

This term means being inside due to the darker evenings and wet weather, but as we are lucky to have a sports hall, we always manage to offer sports every week – this varies from football, penalty shoot outs, basketball, volleyball, badminton, table tennis and the favourite – dodge ball.





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What we have done to increase/ improve Emotional

health

Although we have various different activities running each week – we are always available to chat to those that need it and with the relationships we have built with the group they are happy to speak to us about any concerns they have – each week we have at least one conversation with one or a group of young people with school / anxiety / self-confidence / friendships being the main concerns.

We have new young volunteer with the group who has some concerns and worries and so with support and encouragement to help us as a volunteer they have taken on responsibility and made friends and are growing in confidence.

We had a visit from Hannah and her dog Nora, who did a session on how to approach dogs, in the Spring term Hannah will temporarily join the team to develop the cooking project







1. Outputs Reporting

Total number of different individuals who have benefited from the activities this year	112
Average attendance per session	28

Number of individuals x frequency	Subject	Notes
10	Bullying	School related
25	Confidence	Vols and dealing with school issues
270	Exercise	Sports and games
270	Getting active	Sports and games
3	Personal hygiene	
17	School	
23	Volunteering	Young vols

2. Case study

Give an example where an intervention or series of interventions has contributed towards a young person/people's behaviour, physical or emotional health or behaviour change.

2 young people are both struggling with school, they have moved into secondary school and not settled well – one has moved school to get away from a bully, but the bully has now moved to the same new school – so we have offered emotional support for this and given advice and tools to be confident in dealing with this situation and for it not to ruin how well they are doing at school. The second is again having problems with one particular pupil, again we have supported when upset or angry about the situation and advised on coping methods and techniques.

Both tell us every week what is happening and it is encouraging that they are happy to speak to us honestly and also that we can see them both growing in confidence as the term has progressed.





3. Variation to service

Has there been any significant variation to the service that you were commissioned to provide in this quarter and what actions are you planning in response?

None





